**Health Education**

Adolescent Health Specialist 617-8890

(Cathy Davis)

Pregnancy Prevention 558-5388

(Anduwyn Williams)

Tobacco Prevention 523-6483

(Teresa Mills)

US Dept. of Agriculture:

<http://www.myplate.gov/>

**Physical Education**

Diabetes Exercise Center 696­-3668

Fuel Up To Play 60 :

<http://www.fueluptoplay60.com/>

Let’s Move! WV:

<http://wvde.state.wv.us/healthyschools/LetsMove.php>

PE Central [www.pecentral.org](http://www.pecentral.org)

Pleasant Valley Wellness Ctr. 675-7222

US Dept. of Agriculture:

<http://www.myplate.gov/>

WV Office of Healthy Schools 558-8830

**Health Services**

ARBOR’S OF GALLIPOLIS 740-446-7112

Children’s Clinic 304-675-4107

Cabell-Huntington Hospital 526-2000

Diles Hearing Center 740-446-7619

Ebenezer Medical Outreach 529-0753

St. Marys Hospital 526-1234

WV Children’s Health Project

 1877WVACHIP

FACTS Alternative 740-466-7866

Gallia County Health Dept. 740-441-2018

Gentiva Health Services 800-737-0726

Highland Hospital 348-1288

Heartland of Jackson 740-286-0295

Holzer Acute Rehabilitation 740-446-5070

Lakin State Hospital 675-0886

Mason County Health Dept. 675-3050

**Nutrition Services**

American Heart Association 800-926-4278

American Cancer Society 800-664-7989

Eating Disorder Hotline 800-931-2237

KVC Behavioral Health Center 736­-4141

La Leche League of Pt. Pleasant

675-3177

Mason Women Infants and Children

 675-5279

**Counseling, Psychological and Social Services**

Alcoholics Anonymous 800-252-5554

ASPEN:

<http://wvaspen.com/resources/suicide-in-wv.html>

Autism Consulting Services 210-6715

Autism Services Center 525-8014

Branches Dom. Violence Shelter

675-4968

Contact (Sexual Assault) 675-6725

Gambler’s Network 800-426-2537

Goodwill Industries 675-4460

Fisherman’s Net 675-2338

Narcotics Anonymous 800-766-4442

Overeaters Anonymous 675-4500

Prestera Ctr for Mental Health Services

675-2361

Serenity House 740-446-6752

**Healthy School Environment**

WV Dept. of Health and Human Resources

 675-0880

WV Office of Healthy Schools 558-8830

Stop Bullying! <http://stopbullying.gov>

**Health Promotion for Staff**

Alcoholics Anonymous 800-252-5554

American Cancer Society 800-664-7989

American Heart Association 800-926-4278

American Lung Association 800-548-8272

Gambler’s Network 800-426-2537

Narcotics Anonymous 800-766-4442

**Family/Community Involvement**

Boy Scouts 523-3408

Education Opportunity Center 696-3031

Even Start Program 593-3953

Family Outreach Program (EPSDT)

 675-3050

Girl Scouts 800-756-7616

Green Acres Regional Center 762-2552

Kanawha Valley Center 675-1324

Link Child Care Resource and Referral

 800-894-9540

Mason Community Regional Outreach

 675-0888

Mason County FRN 675-5762

Overeaters Anonymous 675-4500

Region 2 Family Network 888-711-4334

River Valley Child Devlpment. 800-870-3417

United Way 523-8929

WV Parent Training 304-624-1438

WVU Extension Service 675-0888

**Cross Discipline – Nutrition, Physical Activity, and Wellness**

Alliance for a Healthier Gen. 482-7261

<http://www.healthiergeneration.org/>

Wellness Council of WV 722-8070

PEIA Pathways to Wellness: <http://www.peiapathways.com/>