**Health Education**

Adolescent Health Specialist 617-8890

(Cathy Davis)

Pregnancy Prevention 250-6548

(Brandi Seabolt)

Tobacco Prevention 523-6483

(Teresa Mills)

US Dept. of Agriculture:

<http://www.myplate.gov/>

**Physical Education**

Diabetes Exercise Center 696­-3668

Fuel Up To Play 60 :

<http://www.fueluptoplay60.com/>

Let’s Move! WV:

<http://wvde.state.wv.us/healthyschools/LetsMove.php>

PE Central [www.pecentral.org](http://www.pecentral.org)

US Dept. of Agriculture:

<http://www.mypyramid.gov/pyramid/physical_activity_tips.html>

Tri-State Baseball Academy 412-0732

WV Office of Healthy Schools 558-8830

**Health Services**

Cabell-Huntington Hospital 526-2000

CAMC W&C Hospital 388-5432

Valley Health - Wayne 272-5136

Wayne County Health Dept. 272-6761

WV Children’s Health Project

1877WVACHIP

**Nutrition Services**

American Cancer Society 800-664-7989

American Heart Association 800-926-4278

KVC Behavioral Health Center 736­-4141

Right from the Start (also call Wayne HD)

697-0022

Women, Infants & Children Program:

Wayne 272-3951

Ft. Gay 648-5300

**Counseling, Psychological and Social Services**

Alcoholics Anonymous 800-252-5554

ASPEN:

<http://wvaspen.com/resources/suicide-in-wv.html>

Gambler’s Network 800-426-2537

Narcotics Anonymous 800-766-4442

Prestera Ctr for Mental Health Services

525­-7851

**Healthy School Environment**

WV Dept. of Health and Human Resources

272-6311

WV Office of Healthy Schools 558-8830

Stop Bullying! <http://stopbullying.gov>

**Health Promotion for Staff**

Alcoholics Anonymous 800-252-5554

American Cancer Society 800-664-7989

American Heart Association 800-926-4278

American Lung Association 800-548-8272

Curves (Kenova) 453-2040

Gambler’s Network 800-426-2537

Milton Athletic Club 309-5925

Narcotics Anonymous 800-766-4442

New Beginnings 606-638-3060

Weight Watchers 781-2045

YMCA - Huntington 525-8127

**Family/Community Involvement**

Boy Scouts 523-3408

Girl Scouts 800-756-7616

Wayne County FRN 824-7002

Region 2 Family Network 888-711-4334

**Cross Discipline – Nutrition, Physical Activity, and Wellness**

Alliance for a Healthier Gen. 482-7261

<http://www.healthiergeneration.org/>

Wellness Council of WV 722-8070

PEIA Pathways to Wellness: <http://www.peiapathways.com/>